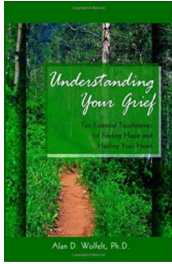


BEREAVEMENT BOOK LIST



Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart

by Alan Wolfelt

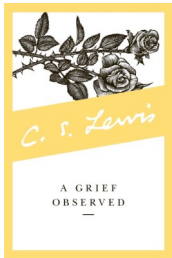
The grief journey inspired by metaphors of nature.



Healing After Loss: Daily Meditations for Working Through Grief

by Martha Hickman

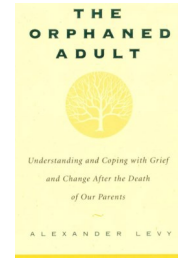
Daily readings to strengthen, inspire and comfort.



A Grief Observed

by C.S. Lewis

The author's honest reflection on the fundamental issues of life, death and faith in the midst of loss.



The Orphaned Adult

by Alexander Levy

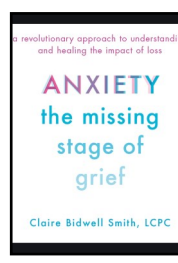
The author explores parental loss with wisdom, compassion and humor.



Swallowed by a Snake: The Gift of the Masculine Side of Healing

by Thomas Golden

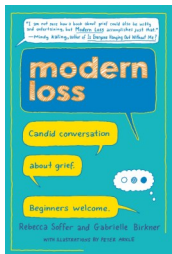
Explores how genders differ in their healing.



Anxiety: The Missing Stage of Grief

by Claire Bidwell Smith

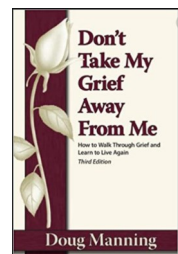
Explores the little known yet critical connection between anxiety & grief.



Modern Loss: Candid Conversation About Grief

by Rebecca Soffer & Gabrielle Birkner

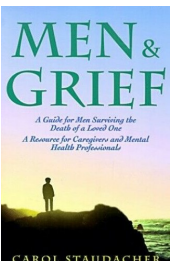
A collection of essays navigating grief & resilience in the age of social media.



Don't Take My Grief Away

By Doug Manning

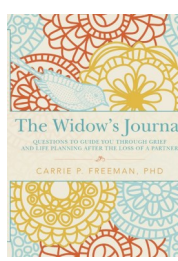
A practical but thoughtful guide-book that provides helpful advice for rebuilding life after loss.



Men and Grief

by Carol Staudacher

Explores a grief framework specifically for men. Looks at different experiences of loss as a father, husband and parent.



The Widow's Journal

by Carrie Freeman

Provides over 100 guiding questions to be used to progress through the grief process. This journal works like a guided diary or workbook.



It's OK That You're Not OK

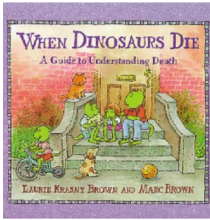
by Megan Devine

Approaches the experience of grief and the way culture tries to help others who have endured tragedy.



**Housecall
Providers**
HOSPICE

BOOKS FOR KIDS AND TEENS



When Dinosaurs Die: A Guide to Understanding Death

by Laurie Brown & Marc Brown

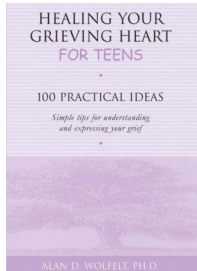
A book for kids that explains death, dying and coping with grief and loss in simple and accessible language.



The Invisible String

by Patrice Karst & Joanne Lew - Vriethoff

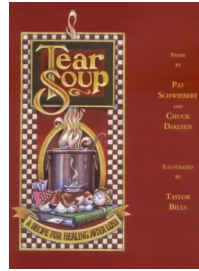
A tool for children coping with separation anxiety, loss and grief.



Healing Your Grieving Hearts for Teens: 100 Practical Ideas

by Alan Wolfelt

This series offers suggestions for healing activities that can help with the natural expression of grief.



Tear Soup: A Recipe for Healing After Loss

by Pat Schwiebert, Chuck DeKlyen, & Taylor Bills

A validation of the grief experience for adults and children of all ages.



These resources and others are available through various online and local bookstores, as well as local libraries. Your library may also offer these titles in audio or e-book formats.

If you would like additional book recommendations or other resources for grief and loss, please don't hesitate to contact our bereavement coordinator Rondi Hunt at 971-202-5500, or email her at rhunt@housecallproviders.org.

