# Is it time for hospice?



Housecall Providers Hospice supports your physical, emotional and spiritual needs so you can focus on what is truly important: quality of life and time with loved ones. Our **nonprofit hospice** offers expert, compassionate end-of-life care.

# The hospice difference

Housecall Providers Hospice believes everyone deserves to make decisions about their own care, especially at the end of life. Our care team will give you and your loved ones the needed support – physical, emotional, spiritual and help with practical matters.

Education is a key part of our services. Our team of experts regularly provides teaching and support to patients, families and caregivers. They can help you and your loved ones better understand what to expect in the coming weeks, days or hours.

# Benefit of accessing hospice earlier

In hospice, the focus is on whole-person care. We can arrange for medical equipment at home, manage symptoms such as pain or anxiety, and even help out with errands and household chores.

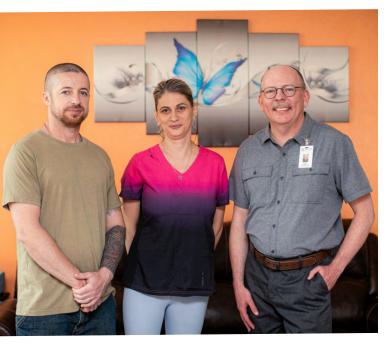
Hospice focuses on quality of life, comfort and dignity. It helps ease the responsibilities of loved ones. And, in many cases, it can extend patients' lives. Research shows that many hospice patients live longer than those with the same serious disease who continue receiving aggressive, painful treatment and procedures.

Too often, patients and families do not access hospice as early as would benefit them. A comment we commonly hear is, "I just wish we had called sooner."



## Who we are

Housecall Providers is a pioneering Portland nonprofit health care provider. In 1995, we revived a classic and needed approach to care: the house call. We provide excellent, patient-centered, in-home medical care. Caring for medically fragile or homebound patients prepared us to also deliver highest-quality hospice care. Our hospice program allows us to support you and your loved ones as needs change.



Our teams often collaborate with caregivers to provide the best experience. Spiritual Counselor Scott Winters, on right, is with adult care home owners Fulga and Jhonny Naoian.

## Our hospice comes to you

We come wherever you call home, be it private residence, senior living community, skilled nursing/intermediate care facility or adult care home.

# Basics about hospice care

#### When should I consider hospice?

Hospice can be the right choice when you have a life-limiting illness, and your care goals are to improve your quality of life and manage symptoms such as pain – rather than pursue curative care.

Physical signs that you or your loved one may be ready for hospice include unrelieved pain, frequent infections, frequent emergency department visits, sudden or progressive decline in physical activities, shortness of breath while on oxygen, significant weight loss or difficulty swallowing.

Choosing hospice early in your terminal illness will help you feel more prepared overall.

The gift of time enables your hospice care team to make a bigger difference. They will assess needs and set up resources for you

and your family or other caregivers. And they will help everyone calmly navigate the various realities that a life-limiting illness presents.

Throughout, you remain in control over decisions about your end-of-life medical care.

Relationships are central within hospice care. Social Worker Fran Kincaid shares a joyful moment with her patient Lee Zuanich.



# What qualifies patients to receive hospice care?

You are eligible for a hospice referral when your medical provider believes you will likely live six months or less if your disease follows its natural course. The Housecall Providers Hospice team will visit and collaborate with your hospice physician to verify eligibility.

### Does health insurance cover hospice?

Hospice is covered 100% by Medicare and Medicaid. Some private insurances may require a copayment or coinsurance. We invite you to contact us for more information.

### What happens on hospice?

Hospice supports patients and their loved ones. Its whole-person approach includes individualized care plans that match services to your circumstances, treatment wishes, needs and goals.





When hospice care arrives for a visit, it's a happy time for patient Margaret "Maggie" Drake.

## Our team approach

Our team will support you and your family:

- Physicians
- Nurses
- Social workers
- Certified nursing assistants
- Spiritual counselors
- Volunteers
- Bereavement coordinator
- Other health care professionals

## Available hospice services

- On-call support 24/7 from hospice clinicians
- Medication management
- Medical equipment and supplies
- Support from trained respite and companion volunteers
- Music thanatology (music at bedside, supporting patient and caregivers)
- Massage therapy
- Bereavement and grief support

## Patients over profit

Nearly all the oldest, most respected hospice organizations in the country began as nonprofits. As a result, nonprofits often have more experience in their communities than newer corporate competitors that view hospice as a business opportunity.

We know how to deliver the highest-quality care to everyone. Nonprofits can put people first with more visits, experience and higher ratings.

- Nonprofit hospices provide 10% more nursing visits, 35% more social worker visits and twice as many therapy visits per patient as do for-profit hospices, according to "Hospice Medicare Margins," a Milliman analysis published in 2019.
- Significantly more for-profit hospices were rated as low-performing when compared to nonprofit hospices across eight quality measures in a RAND study published in 2023.\*

Our experienced intake team will gladly answer your questions. Reach them at 971-202-5501 or *hospice@housecallproviders.org* 

\* "Care Experiences Are Worse in For-Profit Hospices Than in Not-for-Profit Hospices," rand.org/news/press/2023/02/27.html

# Comments from families

- "My entire outlook on people has changed because of Housecall Providers Hospice. We've realized that people you barely know might be the ones who help you most in life, and we promise we will pay it forward."
  - Radha, daughter of hospice patient Narasimha
- "To take over the responsibility of someone's care feels daunting. Having the support of primary care and hospice within one organization meant everything to me."
  - Susan, daughter of hospice patient Myrtle
- "I really believe that all the care and love they have given my mother is why she is still with us." – Yvette, daughter of a hospice patient Anita



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